



Our Menu

Week 1	Breakfast	Snack	(Bunnies) Lunch	Tea	Pudding
Monday	Yoghurt, Rice cake, fruit 	Crackerbread with cucumber and Melon 	Vegetable cous cous 	Vegetable fingers sweet potato and beans 	Yoghurt
Tuesday	Bagel with cream cheese 	Rice cake with carrot sticks and Berries 	Chickpea curry with rice 	Cottage pie with seasonal vegetables 	Banana Custard
Wednesday	Beans on Toast 	Breadstick with Apple and pepper sticks 	Pesto on the spiral heels 	Quorn pieces and vegetable casserole and Mash potato 	Fruit
Thursday	Weetabix with Milk and Fruit 	Water biscuits with cucumber and banana 	Butternut squash and carrot soup, bread fingers 	Tuna and sweetcorn pasta bake 	Fruit Jelly
Friday	Oaty Breakfast bars and fruit 	Pitta bread fingers with Carrot sticks and Grapes 	Cheesy pasta 	Sizzling sausages with vegetables and rice. 	Carrot cake

Sample Menu

All our meals use meat free substitutes and all meals are adapted to meet dietary requirements. Allergens based on "Quorn"

- Dairy
- Egg
- Celery
- Fish
- Mustard
- Soya
- cereals containing gluten
- Crustaceans
- Lupin
- Molluscs
- Nuts
- Peanuts
- Sesame seeds
- Sulphur dioxide